

## HOW DOES PARENTING CHANGE ACROSS THE DEVELOPMENTAL CONTINUUM?

<i>Developmental Needs and Tasks</i>	<i>Parenting</i>
<p><b>Childhood</b></p> <ul style="list-style-type: none"> <li>• <i>Accumulate knowledge</i></li> <li>• <i>Dependent on parents</i></li> <li>• <i>Develop expectancies</i></li> <li>• <i>Build up reasonably consistent behavioral patterns</i></li> <li>• <i>More grounded in reality</i></li> <li>• <i>Development of personality</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Protection</i></li> <li>• <i>Providing</i></li> <li>• <i>Making decisions</i></li> <li>• <i>Nurturing</i></li> <li>• <i>Teaching</i></li> <li>• <i>Modeling</i></li> </ul>
<p><b>Early Adolescence 11-14</b></p> <ul style="list-style-type: none"> <li>• <i>Need to develop a sense of self as an autonomous individual.</i></li> <li>• <i>Agreement with parent on issues such as morality, educational goals, politics, &amp; religion</i></li> <li>• <i>New cognitive abilities just beginning to develop.</i></li> <li>• <i>Win recognition by producing</i></li> <li>• <i>Wants to make things and make them well</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Fewer interactions, do fewer things outside of the home together</i></li> <li>• <i>Conflicts over dress, appearance, chores and dating</i></li> <li>• <i>Distancing in relationship which fosters child's independence</i></li> <li>• <i>Offer opportunities for personal autonomy</i></li> <li>• <i>Encourage a role in family decision making</i></li> <li>• <i>Emphasize what they can do and recognize efforts.</i></li> </ul>
<p><b>Mid-Adolescence</b></p> <ul style="list-style-type: none"> <li>• <i>Find a positive identity</i></li> <li>• <i>Locate one's place in life</i></li> <li>• <i>Gain emotional distance from parents and parental supervision</i></li> <li>• <i>Cravings for intimacy and fulfillment</i></li> <li>• <i>Prepare for self-sufficiency and independence</i></li> <li>• <i>Test capabilities and limitations</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Modulating parental authority</i></li> <li>• <i>Guidance</i></li> <li>• <i>Supportive</i></li> <li>• <i>Encouraging</i></li> <li>• <i>Believe in ability and capacity to assume responsibility</i></li> <li>• <i>Increasing flexibility of family boundaries</i></li> </ul>
<p><b>Late Adolescence</b></p> <ul style="list-style-type: none"> <li>• <i>Ego identity</i></li> <li>• <i>Capacity for intimacy</i></li> <li>• <i>More responsible for themselves</i></li> </ul>	<ul style="list-style-type: none"> <li>• <i>Confirming worth</i></li> <li>• <i>Mentor beyond guidance</i></li> <li>• <i>Sponsor (to get work)</i></li> </ul>

# PARENTING PRACTICES WORKSHEET

<b><i>Developmental Domain</i></b>	<b><i>Parenting Practices</i></b>	<b><i>Parent Involvement Practices</i></b>
<b><i>Physical</i></b>		
<b><i>Cognitive</i></b>		
<b><i>Emotional</i></b>		
<b><i>Social</i></b>		
<b><i>Moral</i></b>		